



# Gender Matters

Charity No: 1124669

Two Showcase Event's for  
" Who am I ? "  
A Secondary School Teachers

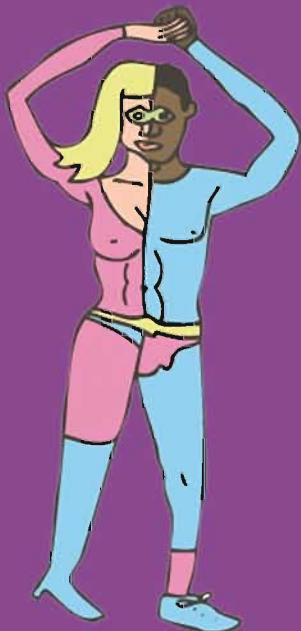


## Resource Pack on Gender Dysphoria Gender Identity

These are two drop in event days on:  
17th March 2010 from 10am to 3pm  
27th April 2010 from 10am to 3pm

at

Gender Matters  
5b Bridgnorth Road  
Compton  
Wolverhampton  
WV6 8AB



Who should attend this event:

Decision Makers

PCT, NHS Staff

Care & Support Workers

Local Authorities Children and Young People Services

Police

Schools / College Staff

Youth Workers

For more information please get in touch with us on: 01902 744424

or e-mail: [info@gender-matters.org.uk](mailto:info@gender-matters.org.uk)

[www.gender-matters.org.uk](http://www.gender-matters.org.uk)

This event is supported by and has been funded by:



## Who am I? Resource Pack: Contents

Section	Topic	Documents	Code
Front pocket	DVD and CD Rom	Who am I? DVD (to be used in Citizenship lesson)	F1
		CD Rom containing entire contents of resource pack	F2
1. Pink	Introduction	Introduction and acknowledgements	1.1
2. Blue	Science 1	PowerPoint presentation for use in science lessons (The Gender Question)	2.1
		Accompanying notes (The Gender Question)	2.2
3. Red	Science 2	Science lesson plan	3.1
		How gender is determined T/F activity	3.2
		How gender is determined T/F answer sheet	3.3
		Gender Variance T/F activity	3.4
		Gender Variance T/F answer sheet	3.5
4. Green	Citizenship 1	Human Rights Citizenship lesson plan	4.1
		Defining discrimination matching activity	4.2
		Matching activity answer sheet	4.3
		Equalities information (Laws to protect people)	4.4
		Equalities case studies	4.5
5. Yellow	Citizenship 2	Who am I? DVD transcript (Zip Theatre)	5.1
		Who am I? Teachers notes to DVD	5.2
		Transphobic Bullying (GIRES)	5.3
6. Pink	History 1	Lesson plan 1 (Mini research projects on Trans people)	6.1
		Mini research project worksheet (Trans people)	6.2
		Information about famous Trans people	6.3
7. Blue	History 2	Lesson plan 2 (Human Rights of Trans people)	7.1
		Human Rights timeline	7.2
		Landmarks in Trans history	7.3
		Landmarks in Trans history answer sheet	7.4
		Famous Trans people matching exercise	7.5
8. Red	Contacts	Information about Transgender useful contacts	8.1
9. Green	Glossary	Transgender terms and definitions	9.1
10. Yellow	Human rights	UN Convention on the Rights of the Child <b>This can be used with citizenship 1 and 2 or as a stand alone discussion.</b>	10.1
Back pocket	Leaflets	Information about <b>Gender Matters</b>	B1
		Information about <b>GIRES</b>	B2

Also included: Historical Time Line of key events in Trans history, UK history and Human Rights history (for use in second history lesson)

## **'Who Am I?' Resource Pack: Introduction**

The 'Who am I?' project started in February 2009, when Gender Matters set up a working group to look at producing a resource to support schools in teaching about trans issues and people. It was felt at that meeting that one of the reasons that schools are wary about teaching about this topic is a lack of confidence and information among teachers (and more generally in society). This creates a vicious circle, as lack of education about gender variance creates a lack of understanding in society, leading to widespread discrimination and harassment of this group.

### ***Pack Development***

The pack was launched on 15th February 2010 in Wolverhampton with well over 85 people attending the event. However we are keen to improve and develop it over the next few years, informed by the experience of teachers using it in the classroom. So if you have any feedback, or suggestions as to how the resource could be improved, we would be very keen to hear from you. If you buy a copy of the pack for your institution, please make sure that you leave your contact details with Gender Matters and we will send on any updates that are produced in the next year free of charge.

### ***The Bigger Picture***

The Qualification and Curriculum Development Agency (QCDA) identifies three overarching curriculum aims<sup>1</sup>. These are to enable all young people to become:

- ✚ **Successful learners** who enjoy learning, make progress and achieve
- ✚ **Confident individuals** who are able to lead safe, healthy and fulfilling lives
- ✚ **Responsible citizens** who make a positive contribution to society

Alongside these aims, everybody working with children and young people is required to help them achieve the five Every Child Matters (ECM) outcomes:

- ✚ Stay safe
- ✚ Be healthy
- ✚ Enjoy and achieve
- ✚ Make a positive contribution
- ✚ Achieve economic well-being

According to the support group Mermaids<sup>2</sup> 'gender variant children and young people are often deeply unhappy'. Guidance on transphobic bullying written by the Gender Identity Research and Education Society (GIREs) asserts that 'transgender people continue to experience widespread discrimination in the educational environment, in the workplace in society generally', and points out that the stress experienced by gender variant young people is severely aggravated by bullying. This combination of internal confusion and external pressure means that young trans people are among the most vulnerable in our schools, with exceptionally high rates of suicide and self-harm. Under the Education and Inspections Act 2006, schools have a duty to protect pupils from all forms of bullying, including transphobic bullying.

So in order to work towards the three main curriculum aims and achieve the ECM outcomes for gender variant children and young people, not to mention young

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<sup>1</sup> QCA, April – June 2008 (working draft), A Big Picture of the Curriculum

<sup>2</sup> <http://www.mermaidsuk.org.uk/intro.html>

people with gender variant parents, carers or other family members, we believe it is essential to teach all children at least some basic information about gender variance. Among the key points we feel it is essential to get across, both to young people and to education professionals, are:

- ✚ Gender variance is a naturally occurring phenomenon, not a lifestyle choice
- ✚ There are trans people within every culture and have been throughout history
- ✚ Gender identify is quite distinct from sexual orientation; it is about who you are as opposed to who you are attracted to
- ✚ It is unacceptable to subject trans people to bullying and harassment
- ✚ It is against the law to discriminate against trans people
- ✚ Bullying and harassment of trans people is illegal and treated as a hate crime
- ✚ There are support services available for trans people

The teaching materials in this resource pack are focused on three curriculum areas: science, citizenship and history. For each subject at least one lesson plan has been provided, which starts with links to the aspects of the National Curriculum that seem most relevant to a study of gender variance or of trans people.

## **Science**

Schools will decide how the resources in this pack best fit into their curriculum. However we would recommend if possible that the science materials are taught first, so that young people have a basic understanding of what gender variance is before going on to think about the history and the rights of trans people.

The main resource for science teachers in this pack is a PowerPoint presentation with extensive notes for teachers. The notes are provided separately as well as on the PowerPoint slides. This presentation was originally written by Samantha Neish, a Wolverhampton science teacher, and has also benefitted from the input of Bernard and Terry Reed from GIRES.

## **Citizenship**




The materials we have included in the Citizenship section could be used in various other curriculum areas, for example PHSE, English or Religious Studies. The main resource included in this section is a short DVD entitled 'Who Am I?' This was specially commissioned by Gender Matters from Zip Theatre and written by Jon Lingard-Lane. Zip Theatre did a lot of research and consultation with trans people and their families while developing this film, and all the events it depicts are based on the real life experiences of people they talked to. A transcript of the film is included, as well as some teaching notes. The content is quite hard-hitting and for this reason we recommend that it is shown to Year 10 or above after completion of topic areas in Science and Citizenship.

Any use of the DVD outside of this structure should be in a controlled discussion to ensure negative experiences do not occur from both the perspective of any trans students you may have in your group, or potential bullies that may decide to harass trans people. The aim should be to reduce fear of harassment to trans people by pointing out the impact bullying may have on their life.

The other resources in this section, written by Ruth Wilson, are intended to look at the rights of trans people in the wider context of human rights and equality more generally. For this reason the lesson described has information and case studies relating to disability, gender, race, sexual orientation, religion or belief and age as well as trans equality.

## ***History***

The key resource in the history section is the large wall chart entitled 'Historical Time Line', designed and researched by Larna Gallier. This timeline has three elements:

-  Key events in the history of trans people
-  Key events in British history
-  Key events in the development of human rights and equalities

In addition to the timeline, the history section contains resources for two lessons, one where students create their own timeline of trans history, and the other where they do a mini-research project about a famous trans person.

Two possible opportunity for teaching these lessons might be as part of a school's celebration of LGBT (Lesbian Gay Bisexual and Transgender) History Month, which takes place in February each year or the other in November which is anti bullying week.

This however should not limit the use of this pack in any way, we would encourage its use at any time of the year.

## ***Ordering the pack***

We are going through a process of showing potential customers the pack and taking orders, however payment should not be made until you receive an invoice from Gender Matters when the pack is ready to be sent out.

The Secondary School Teachers Resource pack should be ready for distribution in April 2010 and will be available to anyone who is interested in purchasing a copy and is suitable for anyone working with young people over the age of 14.

## ***Support***

Gender Matters are able to support any activities with workshops at reasonable cost.

**Please do not make illegal copies of this schools pack as it deprives us as a charity of valuable resources to improve and develop and fund the development of this valuable project.**

**The licence is for one user only per resources pack, the user may make copies of appropriate teaching materials for their students.**

**Thank you for your support**

## Acknowledgements

We would like to thank the following people who contributed towards the 'Who Am I?' teachers' pack:

Gem Chambers	Terrence Higgins Trust
Ruth Coates	Wolverhampton City Council, Children and Young People's Service, Targeted Mental Health Project
Larna Gallier	Gender Matters
John Lingard-Lane	Zip Theatre
Stephanie Mosely-Chidlow	Gender Matters
Anwen Muston	Gender Matters
Karl Needham	Gender Matters
Samantha Neish	Science Teacher
Rico Paris	Transgender Counsellor
Cathy Pemberton	Zip Theatre
Bernard and Terry Reed	GIRES
Tim Sharp	Gender Matters
Ruth Wilson	Equalities Consultant

Wolverhampton Network Consortium

### The Cast of 'Who Am I' and others from Zip Theatre

Lesley Beaumont, Colin Dixon, Dyll Ferreday, Dennis Ffrench, Eleanor Gray, George Hawkins, Amanda Newman, Ryan Pinson, Peter Rees, Sharon Ryal.

### Permission to use photographs

Sehdev Bismal, Sharon Bowie, Julie Enever, Remi Fadare, Lauren Gauder, Julie Hammond, Sally Payne, Naechanè Romeo, Jo Warburton, Janet Watts.

Who am I? Order Form  
A Secondary School Teachers Resource Pack on Gender  
Dysphoria - Gender Identity

Gender Matters is a charity and to be able to continue producing and improving our Secondary School Teachers Resource Pack on Gender Dysphoria/ Gender Identity we have to make a modest production and development charge.

1 to 5 copies £99 each  
6 to 10 copies £85 each  
11 copies or more £75 each

Please note:

Postage & packing will be charged extra (at cost) please ask for details.

Full contents of the pack are listed on the other side

Gender Matters is a registered charity covering the West Midlands and bordering regions. We are totally inclusive and provide information and support to all transgender people, their family, friends and to professional organisations who wish to have more of an understanding of Gender Dysphoria or Gender Identity Issues. We have been providing a number of services to the transgender community since 2003.

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